

# PHOENIX SURGERY RESEARCH PROJECTS

## SEPTEMBER 2018

*The Phoenix surgery is currently participating in a number of research studies through the National Institute for Health Research. Please visit the NIHR website, [www.nihr.ac.uk](http://www.nihr.ac.uk), for information regarding health research within the NHS. Our current studies are:*

### *OPTIMISE Trial*

A large, randomised control trial looking to optimise the treatment of mild hypertension in patients aged 80 years and older, who have well controlled blood pressure and are taking two or more blood pressure medications.

Project lead GP: Dr. Naomi Vernon

### *SIMBEC Study*

A smoking cessation study for patients who are moderate to heavy smokers, over the age of 65 years, who are looking to give up smoking.

Project lead Nurse: Helen Lane

### *CLASP Renewed Study*

This study is looking at longer term support for Cancer survivors, specifically breast, colon and prostate cancers. Eligible patients will be randomised to receive either: usual care / usual care and access to Renewed online support / usual care, access to Renewed online support and nurse support.

Project lead GP: Dr. Naomi Vernon

Project lead Nurse: Helen Lane

### *ACT FLARE Study*

This observational study is currently recruiting patients 40 yrs old and over who have knee pain and / or knee osteoarthritis. The study aims to improve recognition and advice for prevention and management. Interested patients should respond directly to the study team. Please see ACT FLARE posters in surgery waiting rooms for details.